

Winter pickleball classes available at HCC

HOLYOKE – Holyoke Community College is running a series of pickleball classes in January and February for beginners, intermediates, and tournament-level players in the warmth and comfort of the college’s indoor athletics facility.

The group classes will be led by pickleball coach and racquet sports instructor Kelly Canniff, who has 25 years’ experience educating children, adolescents, and adults.

Sessions run on both Tuesday and Thursday mornings on the pickleball courts inside the David M. Bartley Center for Athletics & Recreation on the main HCC campus, 303 Homestead Ave.

Each class runs 90 minutes. The cost for each three-week, three-session series is \$90.

Pickleball 101: Tuesdays, Jan. 16-30, or Thursdays, Jan. 18-Feb. 1. Classes start at 8:30 a.m. and 10:30 a.m. Pickleball 101 is geared toward beginners or those who have played a few times and covers topics such as serving, developing a forehand, scoring, basic rules, positioning, and strategy.

Pickleball Intermediate Level: Tuesdays, Feb. 6-20, or Thursdays, Feb. 8-22. Classes start at 8:30 a.m. and 10:30 a.m. This series is designed for players who have taken beginner classes or already have some familiarity and

experience with the game and want to advance their play by improving their groundstrokes, overhead shots, volleys and serves, and adding direction, control, and accuracy.

Pickleball Tournament Ready Prep: Tuesdays, Feb. 27- March 12, or Thursdays, Feb. 29-March 14. Classes start at 8 a.m. and 10:30 a.m. These classes are designed for players who want to prepare for tournament-level play, with practice that will help them improve shot variety and accuracy and develop better strategies for playing doubles.

To register, please go to: hcc.edu/health-and-fitness.

