

## HOLYOKE

# Seats still open to 'cook with Nadim'

Seats remain open for the last two fall cooking classes to be taught by chef Nadim Kashouh at Holyoke Community College.

Classes are scheduled for Nov. 16 and Dec. 14, from 6 to 9 p.m., at the HCC MGM Culinary Arts Institute, 164 Race St.

Chef Nadim is the owner of the celebrated Springfield restaurant, Nadim's Downtown Mediterranean Grill.

In each stand-alone class, participants learn to cook — and are encouraged to consume — a different five-course meal right off the menu of Nadim's popular restaurant.

"Each night's meal is different," said Kashouh. "It's five courses. We bring in staples like the hummus and baba ghanoush and stews that pair very well with rice. We do an appetizer, a salad, a meat, a starch, and a dessert."

On the menu for Nov. 16 is hummus, meat roll-up, Fattoush salad, cannellini lamb stew served with rice pilaf, and Ismalia for dessert. On Dec. 14, it's hummus, falafel, tabouli, green bean, and lamb stew, served with rice pilaf and rice pudding for dessert.

"I promise it will be tons of fun," said Kashouh. "It's a very interactive class. It's hands-on, if you want it to be. If you don't, it will still be three hours full of tasting, laughing, and enjoying what I'm putting together for them."

The cost is \$189 per session. Beer and wine is included in the cost.

To register, go online to [hcc.edu/cookingfa23](https://hcc.edu/cookingfa23).