

TRIO SSSS

OCTOBER NEWSLETTER

In this newsletter you can expect:

Important Date Reminders

Tips from our Tutors

Fall Tutor Support

Class Registration

FAFSA

Resources

TRIO SSS Staff

2024 TRIO COMMUNITY COLLEGE GAME NIGHT



Important Dates

Tuesday, October 8th

Transfer Information Session at 11 AM CC 227

Monday, October 14th

Indigenous Peoples Day (Campus Closed)

Tuesday, October 15th

Classes Follow a Monday schedule

Friday, October 18th

Midterm Grades are Viewable

Monday, October 28th

Open Registration Begins @ 8 AM

Tuesday, October 29th

Registration Party 11 AM KC 301/303

TIPS FROM OUR TUTORS

PASSIVE VS ACTIVE STUDYING

Passive vs. Active Studying



Passive	Active
- Disengaged - Studying to study/memorize	- Engaged - Studying to learn/understand
- Only listening to lectures or (re)reading book - Highlighting text and notes extensively on first reading	- Questioning/Self-Testing - Making Connections (Mind-Mapping) - Compare/Contrast - Summarizing - Organizing
- Writing notes word-per-word from lectures and textbook	- Paraphrasing - Creating charts and visuals - Teaching others
- "Plugging and Chugging" - Completing assigned problems using formulas and examples without understanding why	- Completing extra problems for practice - Studying each type of problem and the purpose behind each step for solving
- Cramming - Not utilizing resources or study groups - "One and done" exam review	- Creating a study schedule - Using campus resources - Using repetition and intermittent review

Passive Learning is letting the information pass through your brain: only a fraction of information sticks.

Active Learning is placing information piece-by-piece into brain: maximum sticking of information.

Examples of Active Learning Strategies:

1. Creating your own study guide of material covered on the exam
2. Creating a timeline of historical events and establish cause & effect
3. Comparing and contrasting different developmental theories in a chart
4. Creating a mind map with the three steps of aerobic respiration
5. Creating a formula sheet with examples of problems you can solve with each equation

[FOR FULL LINK TO ARTICLE CLICK HERE](#)



Open Registration 10/28

Open registration for the Spring 2025 semester opens October 28th @ 8 AM. Be sure to book an appointment with your Academic Counselor to pick classes.

Links to your schedule appointments with your Academic Counselor are on page 4



FILL OUT YOUR FAFSA

The FAFSA for the 2025-2026 Academic School Year will be opening very soon! Remember to have your login information, 2023 tax information and an appointment with your Academic Counselor to fill it out.

Links to schedule appointments with your Academic Counselor are on Page 4.



TRIO STEM HS TUTOR SUPPORT

Do you think you could benefit from working with a Tutor this Fall 2024 Semester?

TRIO SSS HS offers 1 on 1 tutoring!

Click the link below to sign up!

TUTOR SIGN UP FORM

TRANSFER INFO SESSION WITH MARK BROADBENT

October 8th, 2024

Meet Mark Broadbent, Transfer Coordinator here at HCC, regarding Mass Transfer, General Transfer, as well as information regarding the Fall Transfer Fair here at HCC on October 16th.

Tuesday, October 8th, 2024

11:00 AM - 12:00 PM

Location: Campus Center 227



Spread the Word

Tell your friends and classmates about all the great services they could be receiving if they were a TRIO student. Follow the link below to get an application and learn about all the support services for students who are first generation to college, low-income or have a documented disability.

TRIO APPLICATION



Workshops | Social Hours

Every semester the TRIO Programs has a bunch of workshops and social hours about scholarships, transfer, financial aid, self-care and so much more.

We look forward to a semester forward to revealing our programming roster for the Fall 2024 semester!

Once TRIO, Always TRIO

RESOURCES



Student Emergency Fund

The President's Student Emergency Fund was created by the HCC Foundation, with President Christina Royal and through the generosity of alumni and friends, in order to assist students who encounter an unforeseen financial emergency that would prevent them from continuing their education. The Student Emergency Fund is intended to assist students so that they may continue their studies and successfully complete their coursework.

[CLICK HERE TO FIND OUT MORE](#)



Are you dealing with homelessness or legal issues? Are you struggling with food insecurity? Do you think you qualify for SNAP or MassHealth benefits? Need help balancing your budget? Have questions about managing your credit? The Thrive Center will help you create a plan that will get you closer to achieving your goals and building a more stable future.

[CLICK HERE TO FIND OUT MORE](#)



CHD Mental Health Services

Mental Health Counseling and Stress Management
HCC is proud to partner with the Center for Human Development (CHD) to provide FREE in-person and telehealth counseling for students. HCC's Mental Health Center offers a broad range of programs and services to assist students in dealing with life's challenges and stresses before they become insurmountable.

[CLICK HERE TO FIND OUT MORE](#)



The Office for Students with Disabilities & Deaf Services (OSDDS) is committed to ensuring that students with disabilities and Deaf/Hard of Hearing students have equal access to the full range of programs and services offered by HCC.

[CLICK HERE TO FIND OUT MORE](#)

TRIO SSS Staff



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[APPOINTMENT LINK](#)



**TRIO SSS
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[APPOINTMENT LINK](#)



TRIO SSS Secretary, Michelle

We want to thank you for your dedication to TRIO SSS and congratulate on your new role!

“Hello, I have recently accepted a position as an administrative assistant to the assistant VP of academic and student affairs effective 10/7/24. I have enjoyed my last 3 years working with TRIO as an office clerk.

The biggest part of why I enjoyed working with TRIO is working with and seeing all of the individual students. As I move onto another position I wish each student well in their journey as I know that with the counselors we have in place they will experience great success. “

TRIO SSS Team

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TRIO Program Ambassadors



**TRIO SSS
Ambassador
Alajah Devone**

**Major
Business
Administration**



**TRIO SSS
Ambassador
Noah Neiweem**

**Major
Sociology**



**TRIO SSS
Ambassador
Cade Miller**

**Major
Visual Arts**



**TRIO SSS
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Dani Montero**

**Major
Human Services**



**TRIO SSS
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Zipporah Morgan**

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